

HOW TO GIVE *Hope*

1 in 10 Sullivan Catskills Residents Faced Food Insecurity. That was BEFORE the Pandemic.

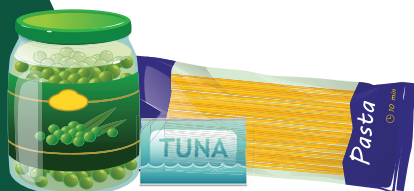
Estimates suggest that now, 60-70% more people in our community are struggling to access fresh, healthy food. That's why the Sullivan Fresh Community Cupboard was created - and why we need your help today. There are 4 ways to get involved:



WHAT WE DO

Sullivan Fresh Community Cupboard serves our neighbors living in hyper rural communities and food deserts, veterans, seniors, those with limited transportation, varying abilities, and folks from all walks of life who need an extra hand. We serve people like you, people like us. Because... that's what neighbors do.

Together we are Better.



1-DONATE FOOD

You can bring non-perishable food items to Cornell Cooperative Extension Sullivan County at 64 Ferndale-Loomis Road in Liberty. To donate farm fresh perishables, please contact 845-292-6180 Ext. 116 to make arrangements.

2-MAKE A MONETARY DONATION

Help ensure the Community Cupboard is fully stocked and able to deliver food now - and in the future. Your donation is tax deductible, and any amount helps! Visit <http://sullivancce.org/donate>

3-SPREAD THE WORD!

If you know of a farm or food business that might donate products, let us know. Share this program with anyone you think might need no-cost food.

4-VOLUNTEER

Dedicated volunteers are needed to pick up donations, prepare food boxes, make deliveries, and more. Can you lend a helping hand?



CONTACT US TO GET INVOLVED!

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